

Head Lice Procedure

Northeast SD Head Start Program, Inc.

The **Recommendations for Temporary Exclusion from a Child Care Setting** (American Academy of Pediatrics) states: Refer for treatment at the end of the day and readmit on completion of first treatment. **The goal of this procedure is to help the child eliminate the head lice and to have good attendance at Head Start.**

Head Start staff will provide information on the steps to get rid of head lice and provide the family with the **non-toxic head lice product** to treat all family members in the home. **The family will pick up the child at the end of the day and receive the information and treatment product. If the family has no transportation, staff will assist the family. The treatment product will not be sent home with the child or bus driver.**

The parent will bring the child to school the next day to be checked to ensure treatment has begun. A second treatment is recommended in 7-10 days. The non-toxic product can be used more often if needed (earlier than 7-10 days). Staff will review with the family: the follow-up treatment and cleaning tasks to do at home (see back page). If it is evident that treatment was not done, the child will go home with the parent, with additional support and information as needed.

Weekly head checks are not recommended. If a head check is needed, it will be done in a private manner. Bagging of personal items is not necessary at Head Start.

Treatment will be completed on the child only by the parent.

The non-toxic treatment (***Lice Freee! Spray***) can be used for live lice and nits. See website or App for more information and videos: www.licefreee.com

If a family member is having difficulty killing the lice after treatment, the family should be encouraged to seek help from their healthcare provider.

Getting Rid of Head Lice

Using Licefreee! Spray Non-toxic for adults & children age 6 months & older. See www.licefreee.com for videos and Frequently Asked Questions.

1. Shake well. Remove cap and insert sprayer.
2. Apply to DRY hair & entire scalp. (cover eyes with towel)
3. Start at the hairline & spray 4-6 inches from head, working toward the crown (top) of head. Work with small section of hair at a time. (Lice prefer the nape of the neck and behind the ears).
4. Saturate all hair & scalp.
5. Allow hair to dry naturally (not covered with a towel, cap, or in a ponytail). Do not use a hair dryer. This allows the spray to do its work.
6. When hair is completely dry, you can wash or style as you like.
7. Comb dead nits out. Start at the nape of the neck and behind the ears. Rinse comb after each section and wipe comb on paper towel to get nits off. *Dispose of nits, lice, paper towels in a sealed plastic bag.*
8. Keep doing checks of your child for two weeks. Use bright light and check small sections of hair at a time. *You can capture lice on adhesive tape.*
9. A second treatment is recommended in 7-10 days or as often as needed.

Cleaning

Clean items that have been in contact with the person with head lice.

- ♦ Bedding, clothing, coat, hat, towels= Wash in hot water (130°F.) &/OR dry them in the dryer on the hottest setting for 30 minutes. Dry clean items that cannot be washed.
- ♦ Stuffed animals, pillows=Place into a tightly sealed bag for 2 weeks.
- ♦ Combs, brushes, hair clips=Soak in hot water (130°F.) for 15 minutes.
- ♦ Vacuum=floors, mattresses, furniture, child car seats and adult seats.
- ♦ There's no need to spray pesticides around your home. This exposes your family to dangerous chemicals.