ATTENDANCE SHEET/Quiz – Building Resiliency

	Meeting / Training: _Building Resiliency – ACEs Follow-Up		
	ç ç <u></u>	Unit:	
	Trainer: _Cassie Nagel, CHSSSD	Date:	
	Training Hours: 5 hr	Location:	
 Sign Attendance Form (OK to do as a large group at a site) Watch: Answer/Circle Quiz Answers Send signed attendance to main office for entering in training records Attendance: Normal			
<u>Name</u>	(PLEASE PRINT NAME)	<u>Position: (parent, former parent, staff, trainer, community rep., etc)</u>	
1) Ci	rcle the Strategies that can prevent ACEs (A	Adverse Childhood Experiences):	
Strengthen Economic Supports for Families			
	Promote Social Norms that Protect Against Violence and Adversity		
	Ensure a Strong Start for Children		
	Teach Healthy Relationship Skills		
	Connect Youth to Caring and Competent Adults and Activities		
	Intervene to Lessen Immediate and Long-Term Harms		
2) List the 2 Things you do for Self-Care:			
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