

NESD Head Start Focus School Readiness GOALS – Family Handout:

Elementary and Head Start Teachers helped us decide which goals will best help your child be ready for school:		<i>Measurement:</i>
Goals: Approaches to Learning	<u><i>My child will:</i></u>	HS Learning Obj TS GOLD Objectives
<ul style="list-style-type: none"> <u><i>Do things on their own to take care of themselves</i></u> (zipping coats, going to the bathroom, brushing teeth, etc.). And will <u><i>follow classroom rules/routines</i></u>, and <u><i>manage their actions, words, and behaviors</i></u>. 		P-ATL 1, 2, 4: 1a, 1b, 1c
<ul style="list-style-type: none"> Show they <u><i>can keep trying, pay attention for longer times</i></u> while participating in the classroom activities – All while <u><i>learning to do things on their own with less adult help</i></u>. 		P-ATL 2, 6, 7: 11a, 11b
<ul style="list-style-type: none"> <u><i>Show interest in school, creativity and curiosity in their thinking</i></u>, practice <u><i>solving problems</i></u>, and <u><i>recognize and remember things</i></u> about their routines and events. 		P-ATL 8, 9, 11, 12: 11d, 11e, 12a
Social and Emotional Development		
<ul style="list-style-type: none"> <u><i>Notice, show, name, and respond to all kinds of emotions</i></u>, including being concerned for other children who are upset or need help. 		P-SE 3, 6, 7, 8: 1a, 2b, 3a
<ul style="list-style-type: none"> <u><i>Show confidence and positive feelings about themselves</i></u>. And will show that they <u><i>feel they belong</i></u> as part of our family, community, and other groups. 		P-SE 9, 10, 11: 1a, 3a, 3b
Language and Literacy		
<ul style="list-style-type: none"> <u><i>Understand questions</i></u> that are asked and <u><i>remember/follow directions</i></u>. 		P-LC 1, 4: 8a, 8b
<ul style="list-style-type: none"> <u><i>Speak clearly</i></u>, using <u><i>complete sentences</i></u>, and <u><i>correct and language</i></u> and a <u><i>big vocabulary</i></u>. And <u><i>ask and answer questions</i></u> and tell us their <u><i>needs, feelings, opinions and what they know</i></u>. 		P-LC 4, 5, 6: 8a, 9a, 10a, 10b
<ul style="list-style-type: none"> <u><i>Understand that there are multiple languages</i></u>. If my child is a dual language learner, they will show they <u><i>know their home language</i></u> and <u><i>start showing progress in English</i></u>. 		P-LC 1, 2: 37, 38
<ul style="list-style-type: none"> <u><i>Name and write 10-20 upper and lowercase letters</i></u>, know <u><i>several letter sounds</i></u>. <u><i>Write their name</i></u> and the beginnings of <u><i>other types of writing</i></u>. 		P-LIT 2, 3, 6: 16a, 16b, 19b
<ul style="list-style-type: none"> Know <u><i>language</i></u> can be broken down into <u><i>words, symbols and small pieces of sound</i></u>. Know how <u><i>symbols make sounds</i></u>, including <u><i>rhyming</i></u> and <u><i>words that start with the same letter</i></u>. 		P-LIT 1: 15a, 15b, 16b
<ul style="list-style-type: none"> Understand <u><i>story structure</i></u> (beginning, middle, end, main characters, events) and can <u><i>act out or re-tell stories</i></u>. 		P-LIT 4: 18a, 18c
Cognition		
<ul style="list-style-type: none"> <u><i>Use math</i></u> through play and social interaction to <u><i>count, compare, relate, pattern and problem solve</i></u>. 		P-MATH 1-10: 20a, 20c
<ul style="list-style-type: none"> Use <u><i>high thinking skills, reasoning, problem solving</i></u> to find <u><i>answers to questions, tasks and problems</i></u>. 		P-SCI 4-6: 24
<ul style="list-style-type: none"> Use <u><i>tools, technology and scientific questions</i></u> find out about <u><i>living things</i></u>, the physical properties of objects and the information about the <u><i>earth's environment</i></u>. 		P-SCI 1-3: 24, 28
Perceptual, Motor and Physical Development		
<ul style="list-style-type: none"> <u><i>Show control of large muscles</i></u> for movement, navigation and balance. 		P-PMP 1,2: 4, 5
<ul style="list-style-type: none"> <u><i>Show control of small muscles</i></u> for using tools such as <u><i>scissors, pencils, toothbrush</i></u>, for activities including: <u><i>name writing, tracing, coloring and drawing</i></u>. 		P-PMP 3: 7a, 7b, 19a
<ul style="list-style-type: none"> <u><i>Name and practice healthy and safe habits</i></u> including sleep habits, daily routines, screen time, and eating habits. 		P-PMP 4-6: 1c

Other GOALS I have for my child are:

METAS de preparación escolar de Head Start Focus de NESD - Folleto para la familia:

Los maestros de primaria y Head Start nos ayudaron a decidir qué metas ayudarán mejor a su hijo a estar listo para la escuela: Medición

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