



## PROGRAM AT A GLANCE

# SEL for Early Learning



**Executive-function skills** are the foundation for self-regulation and social-emotional competence.

**Brain Builders** taught throughout the program focus on developing these skills by teaching children to pay attention, use memory, and manage behavior.

	SKILLS TAUGHT IN UNIT	WEEKLY THEMES
<b>UNIT 1</b> Skills for Learning	Listening Focusing attention Using self-talk Being assertive	Week 1: Welcoming Week 2: Listening Week 3: Focusing Attention Week 4: Self-Talk Week 5: Following Directions Week 6: Asking for What you Need or Want
<b>UNIT 2</b> Empathy	Identifying one's own and others' feelings Taking others' perspectives Showing care and concern for others	Week 7: Identifying Feelings (Happy, Sad) Week 8: More Feelings (Surprised, Scared) Week 9: Identifying Anger Week 10: Same or Different Feelings Week 11: Accidents Week 12: Caring and Helping
<b>UNIT 3</b> Emotion Management	Understanding strong feelings Identifying one's own strong feelings Calming down strong feelings	Week 13: We Feel Feelings in Our Bodies (Worried) Week 14: Strong Feelings (Frustrated) Week 15: Naming Feelings Week 16: Managing Disappointment Week 17: Managing Anger Week 18: Managing Waiting
<b>UNIT 4</b> Friendship Skills and Problem Solving	Making and keeping friends Calming down and using problem-solving steps	Week 19: Fair Ways to Play Week 20: Having Fun with Friends Week 21: Inviting to Play Week 22: Joining In with Play Week 23: Saying the Problem Week 24: Thinking of Solutions Week 25: Speaking Assertively
<b>UNIT 5</b> Transitioning to Kindergarten	Reviewing program skills and concepts Thinking about how program skills will help in kindergarten	Week 26: Learning in Kindergarten Week 27: Riding the Kindergarten Bus Week 28: Making New Friends in Kindergarten

Go online to [SecondStep.org](https://www.SecondStep.org) and log in with the activation key CPUE FAMI LYGE to get more information about what your child is learning in the *Second Step* program. Thank you for helping us to make our school a safe and supportive place where everyone can learn.

## SCOPE AND SEQUENCE

# Child Protection Unit for Early Learning–Grade 5

### Early Learning

	Concepts	Objectives—Children will be able to
<b>Week 1</b> Ways to Stay Safe	Grown-ups should take care of you and keep you safe There are Ways to Stay Safe: Stop and think, say words that mean no, and tell a grown-up There are rules you follow to stay safe Following the Always Ask First Rule helps you stay safe	Identify common safety rules for guns, fire, riding on wheels, crossing streets, riding in a car, water, sharp tools, and dogs Demonstrate using the Ways to Stay Safe
<b>Week 2</b> The Always Ask First Rule	Always ask a parent or the bigger person in charge first Following the Always Ask First Rule helps you stay safe	Demonstrate following the Always Ask First Rule Identify the person they should ask first
<b>Week 3</b> Safe and Unsafe Touches	When you haven't been able to get mean behaviors to stop, you should tell a caring adult If you practice reporting bullying, it's easier to report bullying when it really happens Reporting is an assertive behavior (Grade 3 only)	Identify caring adults to talk to about bullying or mean behaviors Differentiate between tattling and reporting Demonstrate how to report bullying
<b>Week 4</b> The Touching Rule	A bigger person should never touch your private body parts except to keep you healthy (Touching Rule) Remembering the Touching Rule helps you stay safe It is never your fault if someone breaks the Touching Rule	Identify private body parts Identify the Touching Rule Apply the Ways to Stay Safe in response to scenarios where someone breaks the Touching Rule
<b>Week 5</b> Practicing Staying Safe	Never keep secrets about touching It is never too late to tell a touching secret; keep telling until someone helps you	Identify the Touching Rule Apply the Ways to Stay Safe in response to scenarios where someone breaks the Touching Rule
<b>Week 6</b> Reviewing Safety Skills	Remembering and using rules helps you stay safe	Apply the rules and skills learned to scenarios presented in a video