

Autism Spectrum Disorder Resources

GENERAL INFORMATION FOR PROFESSIONALS

Autism Internet Modules are designed for those who support, instruct, work with, or live with someone with autism. The Autism Internet Modules (AIM) guide users through case studies, instructional videos pre- and post-assessments, discussion questions, activities and more. Created by experts and practitioners and grounded in evidence-based strategies, this collection of 50+ free, self-paced modules is designed to help users better understand, identify, plan for, collaborate, and support individuals with autism within their school, home, community, or organization. [Autism Internet Modules](#)

Information and Resources USD Center for Disabilities. [Information & Resources | University of South Dakota \(usd.edu\)](#)

ASD LibGuides – USD Center for Disabilities. [Contact Us - Autism Spectrum Disorder - LibGuides at University of South Dakota \(usd.edu\)](#)

Autism Society of the Black Hills. <https://autismsd.org/>

Autism Society of America. www.autismsociety.org

Autism Speaks. www.autismspeaks.org

Centers for Disease Control and Prevention. [What is Autism Spectrum Disorder? | CDC](#)

National Autism Association. [National Autism Association | Providing real help and hope for the autism community since 2003.](#)

AWAARE Collaboration – Big Red Safety Box. Wandering and First Responder Toolkit. [AWAARE - Autism Wandering Resources \(nationalautismassociation.org\)](#)

Evidenced Based Practice:

<https://autismpdc.fpg.unc.edu/evidence-based-practices>

<https://ies.ed.gov/ncee/wwc/>

[EBP Report 2020.pdf \(unc.edu\)](#)

Autism Focused Intervention Resources & Modules Evidence (AFIRM):

<https://afirm.fpg.unc.edu/sites/afirm.fpg.unc.edu/files/imce/documents/Components%20of%20the%20Autism%20Focused.pdf>

Reading Rockets – Top Autism Organizations and Web Resources. [Top Autism Organizations and Web Resources | Reading Rockets](#)

Autism Resources For Parents – The Ultimate Help Guide For Families (autismparentingmagazine.com)

<https://sesamestreetincommunities.org/topics/autism/>

First 100 Days Toolkit. Website:

https://www.autismspeaks.org/sites/default/files/100_Day_Tool_Kit_Young_Children.pdf

This is not an exhaustive list nor is it meant to discredit any resource options that are not listed. All books listed are available to purchase on Amazon or at the individual publisher's website. The USD Wegner Health Science and Information Center also has many of the titles or they can be obtained through interlibrary loan; www.usd.edu/wegner



Center for Disabilities

Response To Intervention: <https://www.interventioncentral.org/>

Autism Apps is simply a comprehensive list of apps that are being used with and by people diagnosed with autism, Down syndrome, and other special needs. It also includes links to any available information that can be found for each app. The Apps are also separated into over 30 categories, and the descriptions are all searchable, so any type of app is easy to find and download. Link: [Autism Apps on the App Store \(apple.com\)](#)

[15 Best Autism Apps For Kids 2022 - Apps For Kids with Autism \(redbytes.co.uk\)](#)

Information for partners of people with autism: <https://www.autismspectrumnews.org/tips-for-women-in-relationships-with-partners-on-the-autism-spectrum/>

Autism Legal and Healthcare Information by state:

<https://www.autismlegalresourcecenter.com/resources/autism-healthcare-info/?fbclid=IwAR1uuYBeny9jsCqDobraHVQf9qQljD0D-VWFfHw3j5gO5FAQgx04f8Qrar4>

South Dakota Parent Connection – Family resources for Families with Disabilities. 605-361-3171.

www.sdparent.org SD Parent Connection offers resources, guides, online and in person training, a calendar of resources, health care, transition and sibshop information and opportunities.

Family Support 360 Program – This is a program through the SD Department of Human Services. It assists children with intellectual and developmental disabilities and their families with service coordination, a wide array of services and potential access to Medicaid for the eligible child. [SD Department of Human Services](#)

University of NC The Autism Hub: https://unc.az1.qualtrics.com/jfe/form/SV_5tL9Gi4mmR9n6tM

WellChild provide support and services in hospitals and homes for families caring for a child with a long-term or complex health condition: [WellChildLens](#)

Research:

[SPARK \(sparkforautism.org\)](http://sparkforautism.org)

Books:

Autism Books/Book Lists by Topic and Age: [100-ish Books on Autism and Neurodiversity – Not an Autism Mom](#)

<http://www.cindysautisticsupport.com/asteachersites.html>

<https://www.pppst.com/themes.html>

http://www.autism4teachers.com/autism4teachers_051.htm

[Books about autism | Autism Speaks](#)

The Ziggurat Model: A Framework for Designing Comprehensive Interventions for Individuals with High-Functioning Autism and Asperger Syndrome by Ruth Aspy & Barry Grossman. A detailed system for assessing behaviors and deciding on approaches.

The Comprehensive Autism Planning System (CAPS) for Individuals with Asperger Syndrome, Autism and Related Disabilities by Brenda Smith Myles & Shaun Henry. Planning, goal setting and implementing a program for students. Can be used with the Ziggurat Model.

Books for Children and Disability Awareness Activities:

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Andy and His Yellow Frisbee by Mary Thompson. September 1996 Published by Woodbine House.

All My Stripes by Shaina Rudolph. March 2015 Published by Imagination Press.

Nathan's Autism Spectrum Superpowers by Lori Leigh Yarborough. October 2018.

Autism and Me. An Autism Book for Kids Ages 8-12 by Katie Cook BCBA Med. December 2021 by Rockridge Press.

Julia Cook, Gabi Garcia and Janine Toole have many very useful books to use for specific skills such as volume, size or reaction, anxiety, conversation, social detective etc.....

Autism Activity Book for Kids. 50 Fun Exercises to Build Confidence and Improve Communication Skills (Ages 4-8) by Puja Trivedi Parikh, LCSW BCBA. May 2021 Rockridge Press.

Healthcare Information

Autism Speaks has guides for parents and health workers on strategies to make medical appointments go more smoothly: [Medical Care | Autism Speaks](#)

[Autism Intervention Research Network on Physical Health \(AIR-P\)](#): The purpose of the AIR-P is to support innovative life course intervention research that promotes optimal health and well-being of autistic individuals across the lifespan [AUCD - Autism Intervention Research Network on Physical Health \(AIR-P\)](#)

BY TOPIC

For each of the areas below there are books, websites, YouTube, and apps listed

STRUCTURED TEACHING

Books

Building Independence: How to Create and Use Structure Work Systems by Susan Kabot and Christine Reeve. Published by AAPC Publishing October 15, 2012. ISBN: 978-1937473099.

Tasks Galore by Laurie Eckenrode, Pat Fennell, Kathy Hearsey. Published by Tasks Galore Publishing Inc. January 1, 2013. ISBN: 978-1934226131.

Visual Strategies for Improving Communication: Practical Supports for Autism Spectrum Disorders by Linda Hodgdon. Published by QuirkRoberts Publishing July 2011. ISBN: 978-0982876107

Websites

www.teacch.com LOTS of materials including Let's Get Started by Susan Boswell for preschool level structured teaching instruction.

Preprinted activities to mount in file folders up to a 3rd grade level. Items are for purchase.

www.lulu.com/geraldjoroman

[Structured Teaching Strategies: A Series: Articles: Indiana Resource Center for Autism: Indiana University Bloomington](#)

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[Structured Teaching – Autism Spectrum Disorder \(yourschools.ca\)](#)

www.difflearn.com Different Roads to Learning

www.iidc.indiana.edu/irca Indiana Resource Center for Autism. LOTS of visual supports, Autism House (visual tour), Articles on a variety of topics including diagnostic considerations, structured teaching, transitions, organized classrooms etc...

<https://autismawarenesscentre.com/visual-supports-best-way-use/>

Moveable divider option: <https://www.lakeshorelearning.com/products/classroom-furniture/room-dividers-connecting-panels/calming-colorsup-sup-easy-clean-room-divider/p/LC635>

National Association of Special Education Teachers: [National Association of Special Education Teachers: Structured Teaching: Strategies for Supporting Students with Autism? \(naset.org\)](#)

www.do2learn.com Lots of pictures including schedule maker, some are free and some require a fee.

<https://usevisualstrategies.com/>

<https://do2learn.com/picturecards/VisualSchedules/index.htm>

<https://www.amazon.com/DIGI117-LTD-Schedule-Planner-Classic/dp/B00824BM76>

<https://spectrum360.org/>

<https://www.qr-code-generator.com/>

<https://adventuresinspeducation.wordpress.com/2014/10/07/classroom-environment-for-students-with-autism-and-other-low-incidence-disabilities/>

[Autism Classroom Resources-Christine Reeve Teaching Resources | Teachers Pay Teachers](#)

Lots of schedule, work system, picture symbols, task boxes etc... www.teacherspayteachers.com

Example: [Task Boxes Special Education Bundle for Independent Work Systems 100 Sets \(teacherspayteachers.com\)](#)

www.shoebotxtasks.com Place to purchase already made durable tasks.

Great site for pictures and tasks. This is \$36/year for a subscription and there are group subscription options: [LessonPix--Custom Learning Materials: Picture Cards, Classroom Visuals and Games](#)

[Visual supports for autism: a step by step guide - Autism Awareness \(autismawarenesscentre.com\)](#)

YouTube

<https://youtu.be/TTgC0Yu9zkE>

<https://youtu.be/hTPKF13BZ40>

<https://youtu.be/YpDgSujppI8>

<https://www.youtube.com/user/theautismhelper> (this has LOTS of useful information for class set up and use of visuals)

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www.1plus1plus1equals1.net this is run by a homeschool mom that has lots of structured teaching ideas and printables.

www.autismpdc.fpg.unc.edu: the Website of the National Professional Development Center on Autism. Has Briefs and fidelity checklists for evidence-based practices as well as links to Autism Internet Modules.

Apps

<https://www.beevisual.com/>

<https://www.goodkarmaapplications.com/>

<https://www.goodkarmaapplications.com/visual-schedule-planner1.html>

<https://apps.microsoft.com/store/detail/free-timer/9WZDNCRDD1G9?hl=en-us&gl=US> (Clock app timer)

<http://touchautism.com/app/timer-for-youtube-com/> (timer for YouTube)

Notes and Lists on a device/phone: Google Keep

A website that has free videos that show you what each App is like so you can decide. <http://a4cwsn.com>

BEHAVIOR

Books

The Behavior Code (3 books) by Jessica Minihan, BCBA and Nancy Rappaport.

Lost at School: Why Our Kids with Behavioral Challenges are Falling Through the Cracks and How We Can Help Them by Ross Greene. (He has several books)

Don't Behave Like You Live in a Cave by Elizabeth Verdick. October 2010.

I'm Not Bad, I'm Just Mad. A Workbook to Help Kids Control Their Anger by Lawrence E. Shapiro, Zack Pelta-Heller and Anna F. Greenwald. July 2008. Published by New Harbinger Publications.

The Incredible 5-Point Scale: The Significantly Improved and Expanded Second Edition by Kari Dunn Buron and Mitzi Beth Curtis

Websites

<https://challengingbehavior.cbcs.usf.edu/>

www.livesinthebalance.org Dr. Ross Greene. Very good website for looking at behavior from the lens of lagging skills and skill development.

[Mindfulness for ADHD: Benefits and Activities for Kids \(hes-extraordinary.com\)](http://hes-extraordinary.com)

Great website including information about prompt sequencing. <https://afirm.fpg.unc.edu/afirm-modules>

<https://starautismsupport.com/curriculum/star-program> An ABA based curriculum for teaching students.

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<https://truecrisisprevention.org/> and <https://livesinthebalance.org/> . Both provide a significant amount of valuable, usable and FREE resources for looking at lagging skills and “behavior” through the lens of skill development. Dr. Ross Greene and Collaborative and Proactive Solutions.

YouTube

This is a very nice presentation on Natural Paradigm strategies in ABA. 2020. 1.5 hours.

<https://youtu.be/iPTUsaRZpII>

Autism 202: Addressing Challenging Strategies for Families. 2013. 1.5-2 hours. Proactive strategies for problem behaviors. <https://youtu.be/juee5YGD30Y>

COMMUNICATION

Books

This ebook is designed to help parents/others improve a child’s verbal communication abilities. [The Devoted Parent’s Guide to VERBAL Autism: SUPREME LANGUAGE SKILLS – DELUXE EDITION \(icanforautism.com\)](http://icanforautism.com)

Language Targets to Teach a Child to Communicate. A Resource to Manage Language Instruction by Diana Luckevich. www.talkingwords.com

Social Skills Solutions. A Hands-On Manual for teaching social skills to children with autism. www.difflearn.com

The Green Zone Conversation Book: Finding Common Ground in Conversation for Children on the Autism Spectrum by Joel Shaul. October 2014 Published by Jessica Kingsley Publishers.

The Assessment of Basic Language and Learning Skills – Revised. www.behavioranalysts.com

Navigating the Social World by Jeanette McAfee, MD. Publisher: Future Horizons, December 2013.

Do-Watch-Listen-Say. Social and Communication Intervention for Children with Autism by Kathleen Ann Quill Ed.D. BCBA-D and Lynn Stansberry Brusnahan, Ph.D. Published by Brookes Publishing, Second Edition March 2017. ISBN: 978-1598579802

www.pecs.com The Picture Exchange Communication System

Websites

What every parent/other needs to know about social communication development from Birth to 24 months.

Website: [Baby Navigator – What every parent needs to know about early learning.](http://BabyNavigator.org)

Charity Rowland Communication Matrix. Website: www.communicationmatrix.org

Picture Exchange Communication System (PECS). Website: www.pecs.com

YouTube

[Stroke Warning Signs Symptoms—Body Language 60 seconds\) - YouTube](https://www.youtube.com/watch?v=OvEci5Bjgd4)

Friends tv show examples of nonverbal communication. <https://youtu.be/OvEci5Bjgd4>

Apps

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https://www.teacherswithapps.com/app_reviews-kid-story-book-maker/

<https://www.educatorstechnology.com/2011/05/storykit-free-mobile-multimedia.html>

<https://apps.apple.com/us/app/story-creator-easy-story-maker-for/id545369477>

<https://www.assistiveware.com/> (creating social narratives)

<http://www.grembe.com/mpt> (video modelling app)

SOCIAL AND PLAY SKILLS

Books

This ebook is designed for parents/others to discuss peers and educated decisions about who gets the privilege to be his or her friend. [The Devoted Parent's Guide to Autism: No-FAIL ANTI-BULLYING STRATEGIES! \(icanforautism.com\)](#)

Building Social Relationships 2. Scott Bellini. Published by AAPC Publishing. March 2016. ISBN: 978-1942197164. Amazon Link: [Building Social Relationships 2: Scott Bellini, AAPC Publishing: 9781942197164: Amazon.com: Books](#)

Your Interests, My Interests: A Visual Guide to Playing and Hanging Out for Children on the Autism Spectrum by Joel Shaul February 2020. Published by Jessica Kingsley Publishers.

There are MANY products and books on the www.socialthinking.com website.

The New Social Story Book, Revised and Expanded by Carol Gray. November 2015.

There are currently (2022) three books for the PEERS Curriculum, school aged, adolescent and young adult. There is also one book specific to social skills. Social Skills for Teenagers with Developmental and Autism Spectrum Disorder: The PEERS Treatment Manual. The author is Elizabeth A. Laugeson. These can be found on amazon or at: [PEERS | Semel Institute for Neuroscience and Human Behavior \(ucla.edu\)](#)

Websites

www.socialthinking.com

<http://jillkuzma.wordpress.com>

www.theoryofmindinventory.com

www.asperger.net

www.tdsocialskills.com

www.modelmekids.com

www.watchmelearn.com

www.skillstreaming.com

www.incrediblefivepointscale.com

<http://csefel.vanderbilt.edu/>

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<https://autism-society.org/wp-content/uploads/2014/04/hidden-curriculum.pdf>

YouTube

The Teach Me To Talk Podcast: <https://youtu.be/36YqcwmqQ7A> (1.22 hours)

Sally Anne – Theory of Mind Test. <https://youtu.be/QjkTQtggLH4> (1.3 minutes)

Apps

Model Me Going Places 2

Conover Company Apps (Social Skills Sampler, Manners, Communication Skills, Everyday Social Skills)

Stories2Learn

SENSORY AND SELF REGULATION

Books

Listening to My Body: A guide to helping kids understand the connection between their sensations and feelings by Gabi Garcia and Ying Hui Tan. July 2017.

Sensational Kids by Lucy J. Miller

Out of Sync Child by Carol Kranowitz

Raising a Sensory Smart Child by Lindsey Biel

Thinking in Pictures by Temple Grandin

There's a Boy in Here by Judy and Sean Barron

Sensory Activities for Autism: Fun Learning Games for Autism and Sensory Disorders by Mary McPhee. September 2019.

There are many books about self-regulation, mindfulness, the 5-point scale at: www.socialthinking.com

There are several books, games, and other products about the Zones of Regulation at: www.zonesofregulation.com

Websites

www.zonesofregulation.com (they also have an app)

www.sensory-processing-disorder.com

www.theotttoolbox.com

www.yourkidstable.com

www.hiddentalentsaba.com

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www.autism-help.org/behavior-dressing-selfcare.htm

<https://www.sensoryintegrationeducation.com/pages/what-is-si>

YouTube

<https://youtu.be/cyDtj-s7RU8> Ayres methodology for children with Autism (26 minutes)

<https://youtu.be/7Z7YbKx2qRI> Sensory Processing and ASD (57 minutes)

Apps

<http://www.mysosh.com/> (focuses on 5 essential areas of relaxation)

<https://otswithapps.files.wordpress.com/2011/11/the-shredder2.png> (Method to reduce anxiety and negative feelings via a “paper shredder”)

<https://otswithapps.files.wordpress.com/2011/11/the-shredder2.png> (Vocal volume monitoring)

<https://appadvice.com/app/shrinky-anxiety/418367211> (by Berger LCSW Enterprises, P.C.)

<https://www.stressedteens.com/take-a-chill/> (by Channel Capital, LLC)

<https://apps.apple.com/us/app/breathe-think-do-with-sesame/id721853597>

<https://adventuresofsuperstretch.com/>

<https://www.wimbledonsound.com/chillax/> (relaxing sounds compiled for you)

<https://apps.apple.com/us/app/emotions-from-i-can-do-apps/id525637590>

<https://www.pinterest.com/kas96/emotions-activities/>

<https://www.modelmekids.com/iphone-app-autism.html>

<https://apps.apple.com/us/app/gigglebugs-face-race/id1016810652> (copy silly faces)

RECREATION AND LEISURE

Books

More Happiness through Healthy Communication: This ebook helps ways to creatively improve fitness. [The Devoted Parent's Guide to Autism: More Happiness Through HEALTHY COMMUNICATION \(icanforautism.com\)](http://icanforautism.com)

Yoga for children and young people with autism by Chissick. February 2019.

Adaptive Behavior/Daily Living

Books

Hygiene and Related Behaviors for Children and Adolescents with Autism Spectrum and Related Disorders: A Fun Curriculum with a Focus on Social Understanding by Kelly J. Mahler. Published by AAPC Publishing April 2009.

Taking Care of Myself: A Hygiene, Puberty and Personal Curriculum for Young People with Autism by Mary Wrobel. August 2005.

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Intimate Relationships and Sexual Health: A Curriculum for Teaching Adolescents/Adults with High Functioning Autism Spectrum Disorder and Other Social Challenges by Catherine Davies & Melissa Dubie. Includes detailed lesson plans and student handouts.

Understanding Autism: Potty Training and Personal Care by Yasmin Akhtar. May 2021.

The ASD Independence Workbook: Transition Skills for Teens and Young Adults with Autism by Francis Tabone PhD and Judith Newman. May 2018.

The Autism-Friendly Guide to Periods by Robyn Steward. February 2019.

Visual Recipes: A Cookbook for Non-Readers by Tabitha Orth. May 2006.

Picture Cook: See. Make. Eat by Katie Shelly. December 2013.

Websites

<https://pebroproductions.com/idress-for-weather/>

Dressing: 31 Sensory Strategies with Dressing for Children with Autism. Learning for a Purpose. Helping You Teach Everyday Life Skills (Autism, Life Skills, Social Skills, Sensory).

<https://learningforapurpose.com/2017/07/04/31-sensory-strategies-with-dressing-for-children-with-autism/>

www.learningforapurpose.com

YouTube

Dr. Peter Gerhardt Evidence-based Practice, Adaptive Behavior and Adults with ASD. Implication for Community Inclusion and Quality of Life. Presentation starts at 6.14 and is about 40 minutes long. September 2016.

<https://youtu.be/dlDtw7LySw>

Apps

<https://www.conovercompany.com/conover-online/functional-skills-system/>

CHARACTERISTICS

Websites

CDC Learn the Signs. Act Early. Website: [“Learn the Signs. Act Early.” | CDC](#)

ASHA. Website: [Autism Spectrum Disorder \(asha.org\)](http://asha.org)

CDC’s online Autism Case Training PediaLink Course for pediatric clinicians. Website:

<https://www.cdc.gov/ncbddd/actearly/act.html>

<http://www.cdc.gov/ncbddd/autism/facts.html>

M-CHAT-R. Website: <https://mchatscreen.com/>

Donald Triplett Article – The Atlantic. Website:

<https://www.theatlantic.com/magazine/archive/2010/10/autisms-first-child/308227/>

Temple Grandin, Ph.D. Website: www.templegrandin.com

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YouTube

Early Signs of Autism Speech Delay: <https://youtu.be/hpX17EzUtag> (1.15 hours)

The role of the cerebellum 4 minutes. https://youtu.be/Ct6a6z_roiA

HISTORY OF ASD

Books

NeuroTribes. The Legacy of Autism and the Future of Neurodiversity by Steve Silberman. Purchase at IndieBound

In A Different Key. The Story of Autism by John Donovan and Caren Zucker. Published by Crown. January 2016.

Websites

<https://www.verywellhealth.com/autism-timeline-2633213>

<https://www.spectrumnews.org/opinion/the-first-dutch-boy-with-autism-and-the-nun-who-cared-for-him/>

<https://www.hearingsol.com/help/autism/history/>

YouTube

Donald Triplett: https://youtu.be/UJp-BD8N_BE (5.11 minutes)

<https://youtu.be/Zx62-79XXno> (41 minutes – presented by a person with autism)

<https://youtu.be/MBiP3G2Pzc> (13 minutes - Steve Silberman's TED Talk)

EXECUTIVE FUNCTIONING

Books

Executive Functions: What They Are, How They Work, and Why They Evolved, 1st Edition by Russell A. Barkley.
ISBN-13: 978-1462505357

Smart but Scattered: The Revolutionary “Executive Skills” Approach to Helping Kids Reach Their Potential by Peg Dawson and Richard Guare.

I Can't Find My Whatchamacallit!! By Julia Cook

Websites

www.efpractice.com

[Executive Function: Everything You Need to Know - The Edvocate \(theedadvocate.org\)](http://theedadvocate.org)

<https://www.9news.com/article/news/local/free-online-training-helps-kids-with-adhd-autism-executive-functioning/73-618195fd-4321-49bc-9ea5-ffe5442c4809>

YouTube

https://youtu.be/efCq_vHUMqs

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Center for Disabilities

<https://youtu.be/8R0GKqGZ8g4>

MENTAL HEALTH

Websites:

[When Mental Health and ASD Co Occur: Articles: Indiana Resource Center for Autism: Indiana University Bloomington](#)

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