NEURODEVELOPMENTAL DIAGNOSES ~ CHARACTERISTICS AND CONSIDERATIONS

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COMMON DIAGNOSES

Autism Spectrum Disorder (ASD)

Attention Deficit Hyperactivity Disorder (ADHD) (ADD)

Fetal Alcohol Spectrum Disorder (FASD)

Developmental Delay

Developmental Language Disorder

AUTISM SPECTRUM DISORDER

- A **neurodevelopmental** disorder with onset in the developmental period that causes changes in brain function resulting in:
 - Persistent qualitative impairment in
 - Reciprocal **social** interaction
 - Verbal and nonverbal **communication**
 - As well as presence of:
 - Restricted, <u>repetitive patterns</u> of behavior, activities and interests



WHAT WE KNOW ABOUT ASD

- ASD occurs in all racial, ethnic and socioeconomic groups
- Ratio of boys to girls is 4:1
 - Boys: 1:37
 - Girls: 1:151
 - CDC, March, 2023 prevalence rate:
 - 1 in 36
- <u>https://www.cdc.gov/ncbddd/autism/da</u> <u>ta.html</u>

ASD FOR EDUCATORS - CDC Information on Autism Spectrum
 Disorder for Educators | CDC

- Individuals with ASD may have:
 - No spoken language
 - Limited speech
 - Echolalia
 - Significant pragmatic difficulties
 - High levels of vocabulary
 - Difficulty understanding idioms, slang or abstract language
 - Difficulty taking turns in conversations

COMMUNICATION CHARACTERISTICS

- Many individuals with ASD have difficulty:
 - Understanding the perspective of others
 - Reading social cues and reacting to others
 - Understanding social interactions
 - Predicting the behavior or reactions of other people
 - Reading intentions
 - Understanding and expressing emotions
 - Explaining their own behavior

SOCIAL CHARACTERISTICS

- Individual with ASD may have:
 - Preoccupation with parts of objects (spinning wheels, flipping switches, etc.)
 - Focus on collecting/hoarding objects
 - Focus on acquiring and remembering facts about a specific topic
 - Not so much what they are interested in, but how and how much they use that interest

INTERESTS

- Individuals with ASD may have:
 - Preoccupation with sensory experiences
 - Lack of visible response to some sensory experiences (pain, cold, etc.)
 - Extreme sensitivity to smells, noises, bright lights, etc.



VIDEO EXAMPLE (11:49)

<u>https://youtu.be/YS-ThGQIEX8</u>

• Weaker Areas

- Abstract thinking
- Auditory skills
- Reasoning
- Imitation
- Generalization
- Long-term planning
- Summarizing
- Perceiving emotions
- Expressing feelings

Stronger Areas

- Concrete thinking
- Punctuality
- Visual skills
- Memory
- Honesty
- Detail oriented
- Intense focus
- Logical thinking
- Following rules

COGNITIVE CHARACTERISTICS

WE SEE....

Get into your classroom team/group.

1) Pick at least one child that you THINK (or know) may have an ASD and complete the provided checklist for that child.

2) Pick a different child that you THINK (or know) does NOT have an ASD and complete the provided checklist for that child.



CO-OCCURRING DISORDERS

- CDC Findings:
 - Over 95% of individuals with an ASD diagnosis presented with at least one additional condition (co-occurring)
 - In children ages 4-8, the average number of "additional" conditions was 4.9
 - As people age, more co-occurring disorders are present
 - Other neurodevelopmental disorders show similar findings
 - March 2018

- ADHD
- Developmental Coordination Disorder
- Intellectual Development Disorder
- Specific Language Impairment
- Tourette Syndrome
- Bipolar Disorder
- Behavior Phenotype Disorders

- Neurological and Seizure Disorders
- Gastrointestinal Disorders
- Schizophrenia
- Social Anxiety Disorder
- Major Depressive Disorder
- Generalized Anxiety Disorder
- Oppositional Defiant Disorder
- Obsessive Compulsive Disorder
- Sleep Disorders

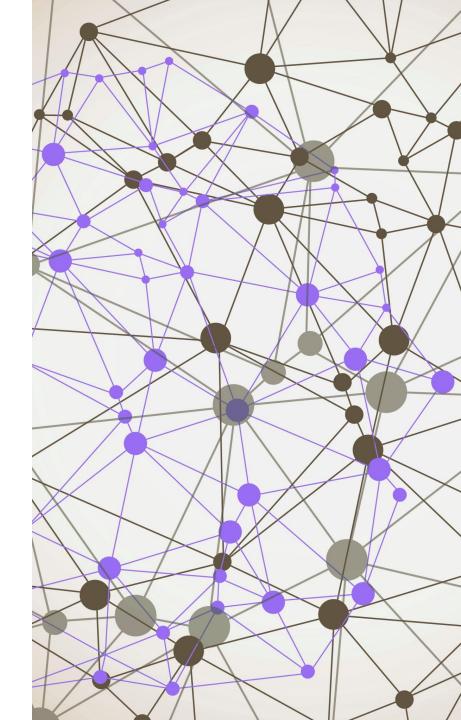
COMMON CO-OCCURRING CONDITIONS

VIDEO EXAMPLE (14:05) ON YOUR OWN

HTTPS://YOUTU.BE/D4HAPMM9YIY

MORE INFORMATION

- Autism Internet Modules
- Organization for Autism Research
- Centers for
 - Disease Control
- Autism Society
 - of America



ATTENTION DEFICIT HYPERACTIVITY DISORDER

- Persistent symptoms of inattention and/or hyperactivity/impulsivity for at least 6 months in two or more settings
- Several symptoms present before age 12
- Symptoms not better explained by another diagnosis
- Symptoms cause significant impairment in social, academic or occupational functioning
- 3 main subtypes of ADHD: predominantly-inattentive, predominantly-hyperactive, and combined type, each with different symptom thresholds

SYMPTOMS OF INATTENTION

- Makes careless mistakes
- Lacks sustained attention (fun or tasks)
- Poor listener, even without obvious distractions
- Difficulty following through
- Difficulty organization
- Avoids tasks requiring sustained mental effort
- Loses necessary materials



SYMPTOMS OF HYPERACTIVITY/IMPULSIVITY

- Fidgets, taps, squirms
- Leaves seat when timing is unexpected
- Excessive restless
- "on the go" "driven by a motor"
- Difficulty with quiet, leisure activities
- Excessive talking
- Blurting
- Interrupts/intrudes on others



ADHD - CDC

- <u>Symptoms and Diagnosis of ADHD | CDC</u>
- Learn About Attention-Deficit / Hyperactivity Disorder (ADHD) | CDC



FETAL ALCOHOL SPECTRUM DISORDER (FASD)

CAUSE AND PREVENTION

- Can occur when a person is exposed to alcohol before birth.
- Alcohol passes through the umbilical cord.
- A woman should avoid alcohol if she pregnant or might become pregnant.
- Stopping alcohol during pregnancy it is never too late.
- FASDs are preventable.



FASD SIGNS AND SYMPTOMS

L	ow body weight
Ρ	oor coordination
⊦	lyperactive behavior
C	Difficulty with attention
Ρ	oor memory
D	Difficulty in school (particularly math)
L	earning disabilities
S	peech and language delays
L	ow IQ
Ρ	oor reasoning and judgment
S	leep and sucking problems (baby)
S	mall head size

Abnormal facial features such as a smooth ridge between the nose and upper lip (philtrum)

TREATMENT

- Lifetime
- No cure early intervention can improve outcomes.
- Medications, behavior and education, parent training.
- Close monitoring and follow-ups.
- Diagnosis before 6.
- Loving, nurturing and stable home environment
- Absence of violence
- Involvement in specialized education and services



FASD AS A BRAIN DIFFERENCE (3:38)

https://youtu.be/0hP_BosFP6I?si=0dTOUAlmaiYiNOUr



FASD - CDC

- Basics about FASDs | CDC
- <u>Home | POPFASD Fetal Alcohol Spectrum Disorder (FASD) Resource</u> <u>for Educators (fasdoutreach.ca)</u>



DEVELOPMENTAL DISABILITIES (DD)

- When a child's progression through predictable developmental phases slows, stops or reverses.
- Symptoms: slower-than-normal: motor, cognitive, social, and emotional skills.
- About 1:6 have a DD
- Treatment: OT, ST, PT, ECSE



DD - POTENTIAL CAUSES

- Prematurity
- Medical problems
- Lead poisoning
- Trauma
- Unknown



RESOURCES

Developmental Disabilities | CDC



DEVELOPMENTAL LANGUAGE DISORDER (DLD)

- Effects speaking, listening, reading and writing.
- Not explained by other diagnoses such as hearing loss, ASD, extenuating circumstances
- 1:14 in kindergarten
- Impact of DLD persists into adulthood
- Tends to run in families. (50-70% have at least 1 family member dx)



SYMPTOMS OF DLD

- Late to put words together
- Struggle to learn new words
- Difficulty following directions
- Frequent grammatical errors
- Limited use of complex sentences.
- Difficulty with figurative language.
- Reading problems.
- Disorganized storytelling and writing.
- Frequent spelling errors.

DLD AND LD

- DLD is not the same thing as a learning disability (LD)
- DLD is a risk factor for LD since affects classroom performance.
- People with DLD are 6x more likely to have a reading and spelling LD and 4x more likely to have a math LD than those who do not have a DLD.



MORE INFORMATION

- Developmental Language Disorder | NIDCD (nih.gov)
- New IDEA Guidance Includes Developmental Language Disorder as a Qualifying Category (asha.org)



"WHAT'S GOOD FOR THE GOOSE IS GOOD FOR THE GANDER."

Proverb

- 1. Literally, what is good for a female goose is equally good for a male goose (gander); or, what is good for a woman should be equally as good for a man.
- 2. If something is good for one person, it should be equally as good for another person; someone who treats another in a certain way should not complain if the same is done to them.



CLASSROOM CONSIDERATIONS

- Relationships come first
- Environmental considerations
- A visual schedule that is understood "even in the worst moment"
- Predictable sequence to the day and moments
- Place(s) to calm and recover
 - How do adults respond?
- The power of the transition
- How to communicate
- How does the child/ren communicate?

Visuals Support All Levels of Prompting

Physical with visuals	Verbal with visuals	Gesture with visuals	Visual / Independence
Hand under hand Individual's body or body part is moved toward task or object	 Verbal instructions given to the individual in order for the task to be completed.	 Model Indicate next step with action Point to visual 	VISUALS GUIDE STUDENT INDEPENDENTLY
Most Invasive			→ LEAST INVASIV
VERBAL With a plan to fa	ade		ENCE / WAIT TIME



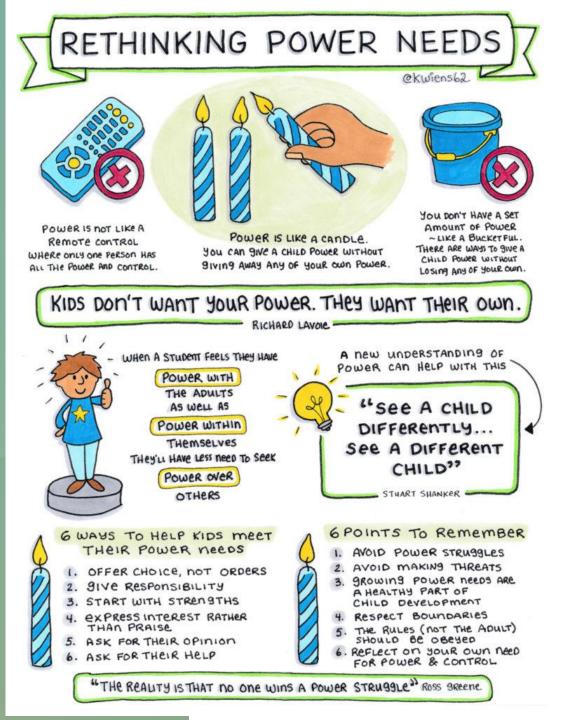
@kwiens62 : Sooke School District #62

CLASSROOM RESOURCES

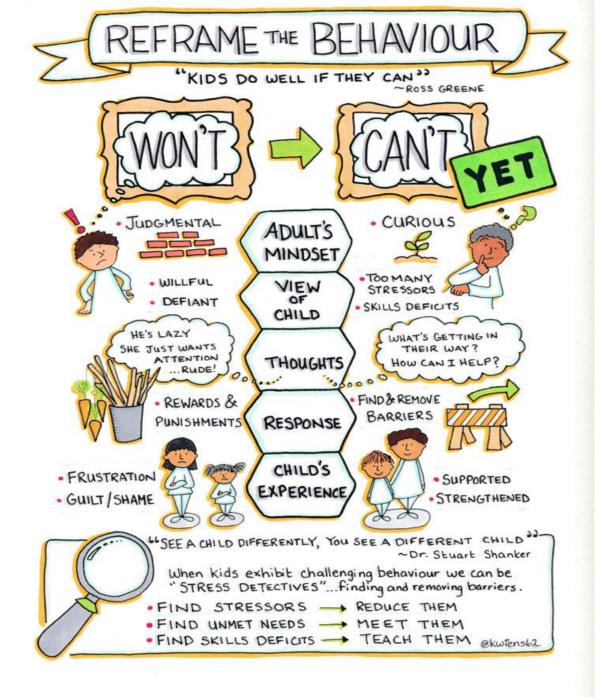
- <u>Library Sign Up | Special Educator Academy</u> (autismclassroomresources.com)
- <u>Teaching Children With Developmental Disabilities: Classroom Ideas</u>
 <u>Intervention Central</u>
- CHADD Improving the lives of people affected by ADHD
- <u>NRC Toolkit CHADD</u>



GRAPHICS - FREE DOWNLOADS -NORTH STAR PATHSNORTH STAR PATHS



KIDS DO WELL IF THEY CAN - ROSS GREENE





TEACHING PLAY

- Small discrete steps taught one at a time
- Modeling
- Functional communication
- Reinforce steps as acquired
- Teach to generalization
- Peer/sibling instruction and involvement
- Make it fun!



PLAY AND SHARING SPACE

- Listening with Eyes
- Making guesses about thoughts of others
- Keeping brain and body in group
- Being a thinking of others person
- Connecting language and actions to others



<u>https://youtu.be/KNrnZag17Ek</u>

SERVE SIOCLO MEDICINE RETURN **ON YOUR OWN** (6:06)



IMITATE AND EXPAND (6:41)

https://youtu.be/V-c50HNnPg0

https://youtu.be/YmpXNXoszVM

NEIGHBORHOOOD PLAY GROUP (6:14) ON YOUR OWN



PRESCHOOL CLASSROOM - BAKERY (5:15)

https://youtu.be/xXqyum4YeEc



3 BOYS PLAYING -**ON YOUR OWN** (6:24)

https://youtu.be/CTtXha3Y_Zg

MOST OF THESE HAVE PROFESSIONAL DEVELOPMENT CERTIFICATES AVAILABLE

- AFIRM: Autism Focused Intervention Resources and Modules
- IRIS CENTER: Iris.Peabody.Vanderbilt
- Nebraska Autism Spectrum Disorders Network
- AIM: Autism Internet Modules

APPROACHING CHALLENGING BEHAVIORS WITH A DIFFERENT LENS FALL 2023 STARTS 9/26/2023



S P R I N G 2 0 2 4

- Two introductory courses will be offered
 - Educating Autistic Students (SPED 593 and SPED 737)
 - Childhood Mental Health and Diagnoses (SPED 593)

QUESTIONS

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